

# Dinner's ON Us!

Join us on *JUNE 28th* for our *MAKE & TAKE Event!!*

## MAKE & TAKE EVENT

**DATE:** June 28th

**TIME:** 4:45pm-5:45 PM

**PLACE:** Stockbridge –Munsee Food Distribution



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The Stockbridge-Munsee Diabetes Program is proud to announce we will be having another **MAKE & TAKE EVENT!**

**WHAT TO EXPECT:** For each event our Dietitian Casey Mitchell selects a *diabetic friendly meal* that can be easily prepared, the Diabetes Program purchases all the food needed to make the meal.

**TOGETHER** we will help you prepare the meal, after the meal is prepared you will be given a container to take your meal home in! **WHAT WILL WE BE PREPARING??**

**STUFFED PEPPERS!!** Come join us to learn more about the recipe and all the health benefits of the ingredients. We look forward to seeing you there!!

**RSVP for this Event to Sera Jagemann @ (715)793-5064**

**ALL STOCKBRIDGE-MUNSEE COMMUNITY MEMBERS ARE WELCOME TO  
ATTEND**